



			1	2
			Sloppy Joe Meat , WG Burger Bun, Roasted Potatoes, Sliced Peaches with Whole/1% Milk	Sliced Chicken , Alfredo Sauce, WG Rotini, Roasted Broccoli, Fresh Banana (1/2) with Whole/1% Milk
5	6	7	8	9
(3) Breaded Chicken Tenders , WG Spinach Rice, Cooked Baby Carrots, Fresh Apple Wedges, with Whole/1% Milk	Beef Taco Meat (Seasoned Ground Beef), Shredded Lettuce/Cheese/Mexi corn, Diced Pears, WG Flour Tortilla, Taco Sauce, with Whole/1% Milk	BBQ Chicken , Cornbread, Roasted Sweet Potatoes, Mandarin Oranges with Whole/1% Milk	Beef and Chicken Meatballs , WG Pasta and Sauce, Green Beans, Fresh Melon, with Whole/1% Milk	Sliced Turkey , Swiss Cheese, WG Tortilla, Romaine Salad, Fresh Banana (1/2), Ranch Dressing with Whole/1% Milk
12	13	14	15	16
Chicken Nuggets , WG Spinach Garlic Noodles, Carrots, Fresh Apple Wedges with Whole/1% Milk	Salisbury Steak with Brown Gravy, Mashed Potatoes, Mandarin Oranges, WG Dinner Roll, Whole/1% Milk	Sliced Chicken , WG Tortilla, Broccoli, Pineapple Tidbits, Shredded Lettuce/Cheese, Ranch Dressing, Whole/1% Milk	Meatball Stroganoff (4 Beef Meatballs, 2 oz Sauce), WG Rotini Noodles, Green Beans, Fresh Melon, with Whole/1% Milk	Sliced Chicken Breast (Tropical Island Glaze), WG Cornbread, Kale and Sweet Potatoes, Fresh Banana (1/2), with Whole/1% Milk
19	20	21	22	23
Chicken Philly Meat with Peppers and Onions, WG Hot Dog Bun, Cooked Baby Carrots, Cinnamon Applesauce, Shredded Mozzarella, Whole/1% Milk	Pineapple Chicken , WG Brown Rice, Broccoli, Pineapple Tidbits, Whole/1% Milk	Taco Casserole (3/4c) WG Elbow Macaroni, Mexicorn, Diced Pears, with Whole/1% Milk	Breaded Chicken Patty , WG Brown Rice, Zucchini, Fresh Orange Wedges, with Whole/1% Milk	Beef Patty with American Cheese, WG Wheat Bun, Romaine Salad, Fresh Banana (1/2), Ranch Dressing, Whole/1% Milk
26	27	28	29	30
Chicken Paprikash , Noodles, Carrots, Strawberry Applesauce, Whole/1% Milk	Hoisin Glazed Meatballs , WG Brown Rice Pilaf, Marinated Cucumbers, Pineapple Tidbits, with Whole/1% Milk	Macaroni and Cheese (3/4c) , Green Beans and Tomatoes, Fresh Orange Wedges, Whole/1% Milk	Sloppy Joe Meat , WG Burger Bun, Roasted Potatoes, Sliced Peaches with Whole/1% Milk	Sliced Chicken Breast , Alfredo Sauce, WG Rotini, Roasted Broccoli, Fresh Banana (1/2), Whole/1% Milk

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 oz. eq ²	1/2 oz. eq ²	1 oz. eq ²
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c
<p>The Following Major Food Allergens Are Used As Ingredients: Milk, Egg, Fish, Tree Nuts, Wheat, Soy, and Sesame. All Sites are Peanut and Shellfish free.</p> 			